



Personell restaurant 3rd floor



Simulator bridge



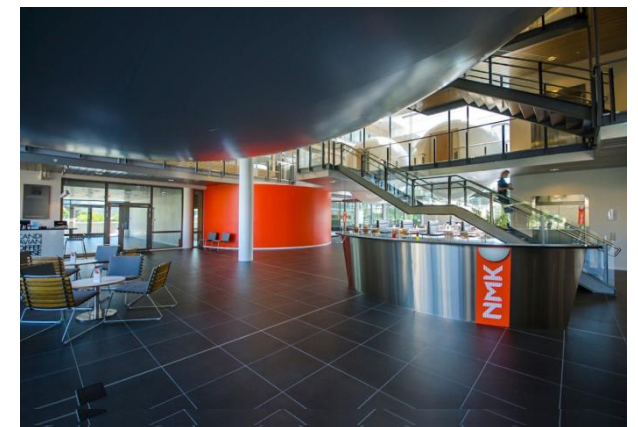
Assembly points

East side of the building



Norwegian Maritime Competence Center

Safety Information for visitors and employees



NMK Reception

Welcome to the Norwegian Maritime Competence Center

Safety information for visitors, contractors, conference delegates, course attendees and employees in the Norwegian Maritime Competence Center, Aalesund.

In order to ensure your health and safety whilst on the premises, please read this leaflet and comply with the instructions given.

All visitors, course delegates and contractors must sign in and out at the Reception Desk on the 3rd floor. The visitor pass must be kept visible at all times whilst in the building.

External visitors will be met by their host in the Reception area and any relevant information will be briefed to them.

Please report any accident / incident or opportunities for improvement to your host / Manager.



Norwegian Maritime Competence Center

Borgundvegen 340
N-6009, NORWAY

www.nmcc.com

Emergency Response

The building is equipped with an automatic fire alarm system. All floors are fitted with extinguishers. The location are clearly marked with fluorescent signs.

Employees must familiarize themselves with escape routes from their working area. Visitors follow instructions from the host.

IN THE EVENT OF AN ALARM:



Leave the building using the marked escape route.
In the event of fire, do not use the lift.



Go to the assembly point indicated (see site map on back of page).

EMERGENCY NUMBERS

Ambulance	113 (Public alarm number)
Police	112
Fire	110

GENERAL PRECAUTIONS

- Take all alarms seriously
- Act calm and restrained
- Make sure doors are closed when leaving the office.
- If there is fire in electrical equipment, be sure to turn the power off.
- Be wary of smoke, this takes more life than heat.

We wish you a safe and pleasant visit to our site.

Please pay attention to the following signs during your visit to the site:



Only use the routes for pedestrians.



Smoking is forbidden in all buildings and workshop. Designated smoking areas with ashtrays can be found on the north side of the building.



Photography and filming is generally forbidden.



Do not use lifts in the event of a fire.



Do not touch machinery, plant, parts or materials.



The road traffic act applies on the site and the displayed speed limits are to be complied with.



Security zone: entry forbidden.



No admittance for persons with cardiac pacemaker and implant.



Guest parking is on the west side of the building, please call +47 46 28 10 02 for access.



We care about the environment, please use the different fractions placed in the building to recycle your waste.



Defibrillators are located in the reception on the 2nd and 3rd floor and outside the elevator on the 6th floor.